CHARACTER PROFILE: Self Reflection

1. What are your ethics? beliefs? (These can be easily overlapped. Consider the following ideas: What moral compass/religious ideas do you use to make decisions? What causes you to make the decisions that you make?)
2. What is your family life? (traditional family, divorced, immigrant, siblings, special circumstances – your “family” environment at home)
3. What are the relationships in your life? (parents are heavily involved/ not involved, grandparents or older siblings assume parental role, little relationship with parents/friends’ parents are more parental, significant other, etc.)
4. What are your strengths? Weaknesses?
5. What are your fears?
6. What are some defining moments in your life? (death in the family, traumatic event in life, illness, relocation, etc.)
7. Favorites? Choose 3 of the following to include: food, music, sport, movie, book, etc.
8. What places have you lived/visited?
9. What are your hobbies? Or how do you spend your free time? (Keep it school appropriate.)
10. Quotation/Mantra? What quotation or slogan do you live by?